



Finding Your Sweet Spot

Purpose:

- To have reflected on his/her own role in the causes and solutions of issues of sustainable development.

This assignment is meant for you to get started thinking about what you want to do for your final change project in this course. The project will be an action-research project (more instructions on this to follow). However, what you should think about for this task is simply: What is it that you want to change? Brainstorm and reflect on what you yourself are passionate about. How would you start a movement to tackle this challenge?

Please either write ~1000 words on your sweet spot or feel free to choose another medium with which to present your sweet spot (art, video, pictures, music, etc.) and include a short reflection (200-300 words). You should submit your assignment to studentportalen no later than **Friday February 7**. If you choose the latter option, please simply submit the short reflection to studentportalen. You will present your sweet spot in the project start-up workshop on February 10.